

Choosing a Confirmation Saint Name

Choosing a saint name is an essential part of Confirmation and it is an acknowledgement that the Holy Spirit will change you through the grace of this Sacrament. We see in Scripture that Jesus changed the name of some of his disciples to signify that their role had been changed and that they were becoming, in a sense, a new person. For example, Abram became Abraham (Genesis 17:5), Sarai became Sarah (Genesis 17:15), and Simon became Peter (Matthew 16:18).

When choosing a saint, you should choose someone who exemplifies a quality that you wish to have, somebody whose life you want to emulate, or somebody you have something in common with. You should also be asking for the prayers and intercession of the saint that you choose. If you are musically inclined, you may choose St Cecilia, the patroness of musicians and singers. If you admire purity, St. Maria Goretti, virgin and martyr, would be a great intercessor. There are thousands of saints that are acknowledged for a wide variety of reasons.

At one of the Confirmation classes in April, you will be asked to share with your class the saint name you chose and why. Here are some questions that will help you to prepare for this time of sharing.

- When was he/she born? Where did he/she live?
- What made them stand out? Were they well-liked or persecuted?
- What are they patron saint of? (I.e. sports, animals, bee keeping, etc.?)
- Why did you pick this particular saint? What do you have in common with this saint? In what way, and why, do you aspire to be like this saint?

If you need assistance finding more information on saints you can contact Alison in the Youth Office. A good online resource is www.catholic.org/saints